

CELEBRATING WELLNESS

Carnival Ready Health Extravaganza



FREE
GIVEAWAYS
FOOD FOR
SALE

*Join us for a
Carnival lap*

**Wednesday
28 September 2022**

**4:00 PM - 8:00 PM
Victoria Park**

featuring

LIVE ENTERTAINMENT

- H&H Gombeys
- Bermuda Jump Rope Federation
- Longevity Athletics Bermuda (LAB)
- Follow the Party People Carnival Truck

INTERACTIVE BOOTHS

- Step this Way
- Five Minute Massages
- Self-care Tips
- Rock Climbing Wall
- Furbert's Vertical Gardening

OTHER HEALTH VENDORS BOOTHS

- Mid-Atlantic Wellness Institute
- Bermuda Diabetes Association
- Bermuda Red Cross
- BDA Pilates

AND MORE!!



GOVERNMENT OF BERMUDA
Department of Health



For more information email healthpromotion@gov.bm or call 278-4900.